

SYLLABUS FOR VALUE EDUCATION

Conscience, Compassion, Competence

First Year

HUMAN VALUES DEVELOPMENT PROGRAMME

1. VALUES – TO BEGIN WITH

- Me- College – Life and Values
- Questions that bother me
- ‘Values’– What are they?
- Values – A compass

2. INDIA AND ME

- Does India need me and my values system?
- India’s ‘Good’ and ‘Sad’ Side
- India’s ‘Ugly’ and ‘Difficult’ Side
- Indian Constitution and Human Values

3. TRANSFORMATION OF SELF

- Self Identity
- Self- Esteem
- Personality Development

4. LIFE ENRICHMENT SKILLS

- Purpose for life – Mission and Vision
- Time Management
- Stress Management

5. DYNAMICS OF INTER- PERSONAL RELATIONSHIPS

- Building Relationships
- Emotional Management
- Conflict Management in Relationship

6. LIFE VALUES

- Forgiveness, Integrity, Humility
- Being Substance Free
- The Internet and its Addictions

7. Sexuality and Gender

- What is Sexuality?
- Gender

8. MARRIAGE AND CONTENTMENT

- Sacredness of Marriage
- Preparation – A Prerequisite for Marriage

9. SOCIETAL CONCERNS AND CHALLENGES

- Environmental issues
- Corruption
- Participating in Nation- Building and Good Governance

REFERENCE: “Human Values”, Prof. Jeyakar Chellaraj, All Indian Association Christian for Higher Education, New Delhi

III & IV SEMESTER
TOPICS FOR VALUE EDUCATION 2017-18

July

DAY	TOPIC
3 rd Friday	Spirituality
4 th Friday	Etiquette & Self-discipline

August

DAY	TOPIC
1 st Friday	Active Citizenship
2 nd Friday	Reflection, Consultation, Decision and Action
3 rd Friday	National Flag & Emblem
4 th Friday	Honesty and Trustworthiness

September

DAY	TOPIC
1 st Friday	Commitment
2 nd Friday	Ability to Adapt
3 rd Friday	Kindness and Society
4 th Friday	Mass Media Ethics
5 th Friday	Honesty and Society

October

DAY	TOPIC
1 st Friday	Mahatma Gandhi
2 nd Friday	Jai Prakash Narayan
3 rd Friday	Sardar Vallabhbhai Patel

January

DAY	TOPIC
1 st Friday	A New Beginning
2 nd Friday	Interpersonal relationship
3 rd Friday	Forgiveness & gratitude
4 th Friday	Family values

February

DAY	TOPIC
1 st Friday	Sense of Fair Play and Good Sportsmanship
2 nd Friday	Simplicity and Personal Growth
3 rd Friday	Challenges Confronting the Modern Youth
4 th Friday	A Winner Never Stops Trying

March

DAY	TOPIC
1 st Friday	Time Management
2 nd Friday	Tolerance and Generosity
3 rd Friday	Responsibility towards Society and Nation
4 th Friday	Social & Community Services

V & VI SEMESTER

TOPICS FOR VALUE EDUCATION 2017-18

July

DAY	TOPIC
3 rd Friday	Yoga and Meditation
4 th Friday	Courage and Responsibility

August

DAY	TOPIC
1 st Friday	Transformation of Self (SWOT Analysis)
2 nd Friday	Patriotism
3 rd Friday	Caring for Parents and Elders
4 th Friday	Social Concern and Challenges

September

DAY	TOPIC
1 st Friday	Humility, Inner Strength and Growth
2 nd Friday	Trust and Respect
3 rd Friday	Co-operation and Team Work
4 th Friday	Understanding, Tolerance and Inclusion
5 th Friday	Care and Compassion for others

October

DAY	TOPIC
1 st Friday	Joy of Giving
2 nd Friday	Stress and Happiness
3 rd Friday	Self-Control and Self Realization

January

DAY	TOPIC
1 st Friday	Unity and Peace
2 nd Friday	Impact of Mass Communication on Society and Family
3 rd Friday	Hope, Care and Compassion
4 th Friday	Conflict of Cross-Cultural Influences

February

DAY	TOPIC
1 st Friday	Conservation of Environment
2 nd Friday	Societal Concerns and Challenges
3 rd Friday	Truthfulness
4 th Friday	Family Values

March

DAY	TOPIC
1 st Friday	Happiness
2 nd Friday	Health Promoting Lifestyle
3 rd Friday	Life Enrichment Skills
4 th Friday	Youth and Drugs